

# maritime

## HERITAGE TRAILS IN KENT



This pack contains four inserts each detailing a different sub-trail covering the Maritime Heritage Trail. Each sub-trail is for a different part of coastal Kent taking in a range of scenery and tourist attractions.



The trails are designed to be sustainable so should be completed by bike or on foot. Consequently each trail starts and finishes at a train station.

You'll notice that each trail is broken down into 3 colour-coded parts – red, blue & yellow. This enables you to work out which trail to complete as each varies in length and difficulty. You could do a whole trail in 1 day or break it into stages. It is a good idea to read through each trail to see if you'd like to complete all or just part of it.

As much as possible each trail uses off-road signposted routes however occasionally the main road is also used. The instructions will tell you when there is a busy road or a steep ascent.

You will find telephone numbers for Visitor Information Centres on each sub-trail insert, if you have further questions regarding the routes please give them a call. Also check out the website before departure for opening times of attractions.



A life on the ocean wave...



[www.maritimeheritagetrail.co.uk](http://www.maritimeheritagetrail.co.uk)



Project part-financed by the European Union



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The Maritime Heritage Trail highlights nautical history in Kent and Nord Pas de Calais. In Kent, it stretches from Gravesend to Dungeness embracing castles and forts, museums, ships, historic towns, beautiful scenery and dramatic coastlines. You'll find information boards at various locations around the trail, look out for them to discover more about Kent's maritime past.

### National Rail Enquiries

0845 7 48 49 50 [www.setrains.com](http://www.setrains.com)

### Cycling Information

[www.sustrans.org.uk](http://www.sustrans.org.uk)

### Checklist

*Here are a few things you may like to take with you when completing the trails:*

- Sub-trail instructions & waterproof pocket
- Water & refreshments
- First aid kit and mobile phone for emergencies
- Waterproofs, reflective wear and cycling helmet
- Sun protection (sun cream, sunglasses & hat)
- English Heritage Membership card
- Bike lock to stop and visit attractions
- Camera



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(Every effort has been made to ensure that all information in this pack is correct at the time of going to print. Please note that the surface of paths in the countryside are liable to change at different times of the year. No liability can be accepted by the authors for any loss, damage or injury caused by errors or omissions in the wording.)